

For the third consecutive year, Mountain Valley Regional Rehabilitation Hospital (MVRRH) has been ranked in the top 10% of 805 rehabilitation facilities ranked in the IRF database of Uniform Data System for Medical Rehabilitation (UDSMR). MVRRH was cited for care that is effective, efficient, timely and patient-centered.

The staff at Mountain Valley Regional Rehabilitation Hospital believes that therapy is not just physical – it is also a very emotional experience. Patients need a caring, highly trained and supportive team to maximize recovery and regain independence. Our hospital provides rehabilitative services for patients with functional deficits as a result of debilitating illnesses or injuries. Through our inpatient and outpatient rehabilitation programs, we help patients recover quickly and return home with a renewed sense of self-sufficiency.

Our facility, designed solely for the provision of specialized rehabilitative care, is the only freestanding acute rehabilitation hospital serving all of Central and Northern Arizona, and is conveniently located in the Tri-City area of Prescott Valley, Prescott & Chino Valley.

Some of the exceptional design features that enhance our delivery of patient care include:

- **6,000 square foot Therapy Area**
- **Aquatic Therapy Pool** equipped with specialized equipment
- **Therapy Courtyard** with a variety of surfaces to practice mobility skills for safe discharge to home and community
- **Multiple day rooms**, activities of daily living suite and a transitional suite for patient and family education

To Make a Referral

Contact our admissions department at 1-866-759-8810 or 928-759-8800. One of our Rehabilitation Specialists will respond to perform a pre-admission screening and coordinate transfer to our facility. We offer same day response, seven days a week.

How to Get to MVRRH

The hospital is conveniently located less than one mile north off of Highway 69 on the northwest corner of Lakeshore and Windsong in Prescott Valley. The hospital is easily accessed from the Phoenix, Flagstaff and central part of the state via Interstate 17 and from the northwestern regions, via Interstate 40 and Highways 89 and 89A. Please feel free to call our toll free number for further direction assistance at 1-866-759-8810.



Mountain Valley Regional Rehabilitation Hospital
 3700 N. Windsong Drive • Prescott Valley, AZ 86314
 ph: 928.759.8800 • fax: 928.759.8806
 MVRRH.erneshealth.com

For More Information

For further information about our facility, or if you would like to schedule a tour, please give us a call at 928.759.8800, or visit us online at MVRRH.erneshealth.com.

Mountain Valley Regional Rehabilitation Hospital is accredited by The Joint Commission.



MOUNTAIN VALLEY REGIONAL
 REHABILITATION HOSPITAL

THE THERAPY POOL OCCUPATIONAL THERAPY
 NURSING SOCIAL REHABILITATION NURSING
 PSYCHOLOGIST FAMILY EDUCATION PSYCHOLOGICAL
 ABILITY NURSE OCCUPATIONAL THERAPY
 WE BELIEVE REHABILITATION MEANS
 MORE THAN JUST PHYSICAL.



About Our Hospital



3RD CONSECUTIVE YEAR



MOUNTAIN VALLEY REGIONAL
 REHABILITATION HOSPITAL

We treat patients who have functional deficits as a result of the following diagnoses or conditions:

- Amputations
- Arthritic Conditions
- Brain Injuries
- Burns
- Cancer
- Congenital Deformity
- General Weakness
- Hip Fractures
- Joint Replacement
- Multiple Major Trauma
- Multiple Sclerosis
- Pain Management
- Parkinson's Disease
- Post Cardiac Surgery
- Post General Surgery
- Pulmonary Diseases
- Spinal Cord Injuries
- Sports-related Injuries
- Stroke
- Swallowing Disorders
- Work-related Injuries
- Wounds



Our unique, specialized and progressive rehabilitative services include:

- Aquatic Therapy
- Brain Injury Rehabilitation Program
- Case Management & Social Services
- Clinical Dietician
- Cognitive Therapy
- Community Re-entry
- Neuropsychologist
- Occupational Therapy
- Outpatient Rehabilitative Services
- Physical Therapy
- Rehabilitation Nursing
- Respiratory Therapy
- Spasticity Management
- Spinal Cord Injury Rehabilitation Program
- Specialized Stroke Program
- Speech Language Pathology
- Wound Management

Our exclusive rehabilitation hospital features include:

- **Personalized plan of care led by a Medical Director specializing in physical and rehabilitative medicine**
- **Dynamic schedule of therapy, provided by a highly trained therapy team utilizing the most current skills and technology available**
- **Psychological assessment, counseling and spiritual support**
- **Neuropsychology services**
- Therapists with specialized training in **Neuromuscular Development Techniques (NDT)**
- **Dysphagia Management Program** for patients with swallowing difficulties, incorporating state-of-the-art technology such as Vital Stim

