

SUPPORT ALONG THE WAY

A guide to help and support individuals, families, and friends impacted by dementia

No one needs to go through this journey alone. The impact on people with Alzheimer's and their families and friends can be overwhelming. We offer a variety of free programs, services, and resources to help cope with all aspects of the disease and its progression.

24/7 HELPLINE

Call 800.272.3900, 24 hours a day, 7 days a week to speak confidentially with a professional Care Consultant who will provide support, information about Alzheimer's and related dementias, guidance on care options, help with planning for the future, coaching for family members, strategies to address safety concerns, and referrals to local resources. Support is free of charge and offered in over 200 languages.

SUPPORT GROUPS

Support Groups provide a forum to share feelings, concerns, information, and learn new skills. There is no cost for attending and no commitment to come back. The Desert Southwest Chapter offers over 75 support groups across Arizona and southern Nevada. All of our support groups are facilitated by trained individuals and meet at various locations and times. Most groups are for all types of dementia care partners, but there are also specific groups designed specifically for individuals with early stage dementia.

EDUCATION

Our educational programs are designed to increase awareness and knowledge about Alzheimer's and related dementias. Topics of these sessions include introductions to the disease, addressing behavioral challenges, long-term planning, and much more.

EARLY STAGE

Early Stage programming helps to engage and educate persons diagnosed with Alzheimer's disease and their loved ones. The programs consist of specific activities focused on engaging, encouraging, and empowering impacted individuals to fully utilize their strengths and capacities.

SAFETY SERVICES

The Alzheimer's Association, in collaboration with MedicAlert Foundation, provides membership plans with 24/7 Wandering Support, a nationwide emergency response service for individuals living with Alzheimer's disease or another dementia who wander or have a medical emergency. If a member wanders and is missing, one phone call immediately activates MedicAlert's Emergency Response Team to help reunite the person living with dementia with his or her family. Members can choose from a variety of ID products, including bracelets and necklaces.